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Welcome

It's been another busy month for the team at MiHaven. Most of you would of spoken to our newest team member, Lisa Hall, who has joined us in the role of Tenancy Coordinator which means she spends most of her time speaking with the community and our existing tenants.

Our portfolio is growing and we are expecting to have another 7 properties completed before December this year. We are super excited about the upcoming properties and will share more information with you as they are built.

Lastly, next month we are hosting an Open Day and SDA information session at our new Atherton house. You will find more details about this below and we would love to see you there.

As always, please reach out if we can be of any assistance 😊

Laurie Armstrong
General Manager - MiHaven Care

[Email Laurie](#)

Atherton gains another SDA including one with a very unique vista!



We're offering SDA tenants a picturesque view from their bedroom backdeck at our latest property located at **25 Mitchell Drive, Atherton**. This 3-bedroom home is built to support those living with High Physical Support needs and is due to be completed next month! We're holding **an open day for the general public** to view this property on **Monday, 13th of May**. More information, [here](#). We've also invited SDA specialist, **Greg Barry** to hold an information session, but more information about that later in the newsletter.

Our other Atherton SDA in Cecily Street will have two new tenants!

If you know someone who would also like to live in Atherton at either our Mitchell Drive or Cecily Street SDA and has access to SDA funding through their NDIS plan, please contact [Laurie Armstrong](#).

[View our Cecily Street SDA property photos](#)

Meet Lisa Hall - our new SDA Tenancy Coordinator



Some of you in the disability support sector may already know **Lisa Hall, our new SDA Tenancy Coordinator**. She's been working in the NDIS space for some time in Cairns and has a lot of knowledge and experience to share.

Let's get to know her....

Question 1. What are you most excited about working with MiHaven Care?

I am excited to be able to work alongside a team who can make housing dreams a reality for people with disability!

Question 2. Tell us about your work history?

A wide and varied background including ten years working within the Tourism industry and fifteen years in Community Services. The last five years I have been working within the NDIS space in a variety of roles including Support Coordination, HR & Operations and Business Development.

Question 3. Where were you born?

Canberra

Question 4. How long have you lived in Cairns?

20+ years....does that make me a local?

Question 5. What do you enjoy doing on weekends?

I love hiking and being in the great outdoors, catching up with friends and hanging out with my bestie, Dexter the Dog.

Question 6. What is a common misunderstanding that people have about SDA?

Many people may not be aware of the application process for SDA or how to access SDA funding through the NDIS. It's important for individuals with disabilities and their families to seek information and support to navigate the application process and understand their options for SDA. This is something that MiHaven can definitely help with!

Email Lisa

PROFILE - Royal Rehab Lifeworks (Cairns and Atherton)

Royal Rehab LifeWorks has a **multi-disciplinary team** that work closely together to ensure clients are receiving the best possible care from all angles, including **physiotherapy, exercise physiology, speechtherapy, occupational therapy and psychology.**

This private non-for-profit company **has state-of-the-art equipment**, some of which isn't offered anywhere else in Cairns. Like the Ergolet Ergotrainer bodyweight support

system, which allows people to walk and complete weightbearing exercises earlier than they usually would be able to with traditional exercise therapy.

They also have two virtual reality headsets which immerses clients into a virtual environment to complete therapy, this has been shown to have positive outcomes for physical and mental wellbeing. Lastly, the SMARTfit, which a fun motor and cognitive trainer, enabling clients to dual task while enjoying playing a game.

“Physiotherapists help with movement disorders and body function through a range of treatment techniques including manual therapy, exercise therapy, education, equipment prescription and providing pain management strategies”, says Senior Physiotherapist, Sophie Villani.

(Pictured below: The Royal Rehab team with **Sophie Villani**, 2nd from left)





The MiHaven Care team testing out the state-of-the-art equipment with Royal Rehab's Allied Health Manager, Josh Huxley.

[Visit their website](#)

Obtaining SDA Funding

Each month, Laurie will be sharing her tips to obtaining SDA Funding through the NDIS.

Tip #2 - Create a FUNCTIONAL CAPACITY ASSESSMENT

[Read our SDA FAQ here](#)



MiHaven Care's SDA Vacancies (April 2024)



See what's still to come!



SDA Info session and viewing of our new property in **Mitchell Drive, Atherton**
With a number of our properties now available on the Tablelands, including SDA's in Mareeba, Atherton and Mossman, we have invited **Greg Barry from SDA Services** to hold an information session on **Monday, 13th of May (11am - 1pm)**. This will be especially relevant for allied health professionals and those working within the NDIS on the Tablelands.

Greg has been at the **forefront of SDA** since its inception. He is focused entirely (and independently) upon **assisting NDIS Participants on their SDA journeys**, particularly on **SDA approvals**. He brings a unique combination of industry expertise and decades of lived experience as a carer.

The **lunchtime session** will be held at MiHaven's newest SDA at **25 Mitchell Drive, Atherton and includes a tour of the property and a light lunch**. We will also be opening up the doors to the **general public from 1:30pm**.

If you would like to attend or find out more about this day, please contact Lisa Hall.

RSVP to Lisa



MiHaven Care has a new dedicated webpage designed specifically for providers to access resources and information to help navigate the SDA/NDIS space.

This includes:

- The types of supports funded by the NDIS
- An NDIS Eligibility Checklist
- SDA Eligibility Outline
- SDA Flowchart
- M.T.A. explainer
- MiHaven Care's current SDA Vacancies
- MiHaven Care's bi-monthly newsletter

[Click here to view website](#)

NDIS NEWS

↓ READ MORE ↓

As the DSC reports, NDIS Minister Bill Shorten tabled a bill to parliament in late March to implement priority recommendations from the NDIS Review. The bill is called National Disability Insurance Scheme Amendment (Getting the NDIS Back on Track

No. 1) Bill 2024' - the NUMBER 1 definitely suggests this is just the first instalment of a continuing saga.

In his speech to parliament, Shorten listed four principles that guided the changes, they were:

- Making NDIS a better and streamlined experience.
- Moving the NDIS back to its intention of supporting people with significant and permanent disability.
- Creating more equality
- Ensuring the sustainability of the Scheme. Shorten emphasised that the Federal government's position is that the NDIS can't keep growing at the level it is now.

[Click here for full report](#)

 **mihavencare**



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